

LETTER TO THE CHURCHES OF VICTORIA
FROM THE VICTORIA EVANGELICAL PASTORS MINISTERIAL

"Bring in the Sheaves!" may sound corny, but wouldn't it be great to bring the blessings of God's harvest in a tangible way to Sanctuary Youth Centre's Celebration of Thanksgiving on Friday, Nov. 6 at 7:00 pm. The amount of kids visiting the Sanctuary has doubled over recent weeks and they expect even larger amounts of kids to pour in as the Olympics draw near as many will be given a one-way ticket to leave Vancouver for a few weeks, and we are expecting many will come to Victoria.

Let's stock their storehouse until it's overflowing. Bring your items to the Celebration of Thanksgiving at Church of Our Lord, which is 626 Blanshard Street; or the open housing following the celebration will take place in Sanctuary Youth Centre, 767 Humboldt [behind Church of Our Lord]. Go through your cupboards, closets, your kids closets and let's give Sanctuary another reason to celebrate.

Debbie Dergousoff
Facilitator for
Victoria Evangelical Pastors Ministerial

Sanctuary's wish list is posted in their regular newsletter, which you can read on their web site: www.sanctuaryyouth.org. A more detailed list is provided below.

SANCTUARY ONGOING NEEDS

There are two Kinds of Food Stuffs needed to give out to the youth - for those who are living on the street and for those who have a place to stay but do not have enough income to pay for both rent and food.

Both groups include young people who are without visible means of support, those who are holding down jobs and / or going to school but not making enough to pay for accommodation and food, those who are pregnant or single parents.... All are under 20, and every one of them needs help with food and supplies.... We feed them snacks daily and twice a week we feed them a simple protein meal. The snacks are carbs and veggies, not protein and often we run out these days as the numbers have doubled since October 1, So food is the beginning and clothes are helpful as we begin to form a longer term solution to this difficult situation.

No nuts or peanut butter please (allergies)

Food to go with the Kids:

For kids that live on the streets:

Cans with POP TOP LIDS so they can be eaten on the street cold. Examples:

- Canned Chunky soups/ stews
- Lentil/ Veggie and cheese soups
- Chili with meat
- Ravioli/ Pasta
- Tuna/ fish/sardines
- Noodle soups or Kraft Dinner (the microwaveable kind)
- Instant Oatmeal
- Individual packages of jam

For Kids who are living indoors:

The same as above and:

- Spaghetti noodles, bottled sauces with either meat or cheese
- (Ragu, Western family)
- Kraft dinner
- Soups with cheese or protein (non pop top lids)
- Small bottles of jam and/or cheese whiz (*wrapped cheese goes bad faster if they have poor refrigeration*)

ONGOING NEEDS IN THE CENTRE EVERY WEEK: (THESE ARE MINIMUMS):

Either as donation or as a church taking on a week each or?

- 3 (12 packs) of Source Yogurt (pink or blue packages)
- Veggies...what we use now.....
 - Bags of prewashed peeled carrots (we go through at least 3 - 2lb bags a week)

- Long English cucumbers (we go through at least 12 a week)
 - Celery (we go through at least 4 bunches)
- Large bottles of Caesar and Ranch dressing (2 each/each week)
- 4 cases (12 each) of frozen orange juice concentrate
- Baked goods (without peanuts and nuts)---
 - LOTS – kids love home baking!
- Individual cheese strips (2 packages of 28 strips in each package)
- Milk (three 4 litre containers),
- Cream (3 to 4 litres)
- Coffee (we use one kg can a week); Tea (500-bags a month)
- Powdered Hot Chocolate (2 cans a month... more in the mid winter)
- Frozen Waffles,
- Cheese slices for grilled cheese sandwiches, large cans of soup for winter days

FOOD WE GIVE IN “GO BAGS” SO THEY HAVE SOURCE OF VITAMIN C, PROTEIN AND CARBS...

[These are given to each kid every day when they leave the centre]

- Yogurt or granola bars
- Small tetra Juices boxes (either orange or apple or Five Alive)
- Chips [small size] - you can purchase a variety pack (containing 48 individual servings to a pack) at Costco or Warehouse store.

CLOTHES AND TOILETRIES AND OTHER SUPPLIES:

- female and male underwear,
- warm cotton socks,
- warm coats and sweaters,
- long sleeved dark t-shirts
- mitts and hats and scarves,
- boots in a variety of sizes.
- Travel size:
 - Tooth paste/ tooth brushes
 - Soap, deodorant
 - Shampoo especially the kind that already has conditioner in it
 - Feminine products, disposable razors
- First Aid supplies
- Tarps, sleeping bags, some large backpacks to replace worn ones.